

Clackamas Community College
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Section #1 General Course Information

Department:Education, Human Services & Criminal Justice

Submitter

First Name: Dawn

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Course Prefix and Number:ECE - 235

Credits:3

Contact hours

Lecture (# of hours): 33

Lec/lab (# of hours):

Lab (# of hours):

Total course hours: 33

For each credit, the student will be expected to spend, on average, 3 hours per week in combination of in-class and out-of-class activity.

Course Title:Nutrition, Music & Movement in ECE

Course Description:

Course focuses on factors that contribute to childhood obesity. Students explore current standards and evidence-based practices in nutrition education, movement and music in early childhood and explore ways to incorporate developmentally appropriate nutrition, music and movement education into the early childhood environment and curriculum.

Type of Course:Career Technical Preparatory

Is this class challengeable?

No

Can this course be repeated for credit in a degree?

No

Is general education certification being sought at this time?

No

Does this course map to any general education outcome(s)?

No

Is this course part of an AAS or related certificate of completion?

Yes

Name of degree(s) and/or certificate(s):Early Childhood Education & Family Studies AAS

Are there prerequisites to this course?

No

Are there corequisites to this course?

No

Are there any requirements or recommendations for students taken this course?

No

Are there similar courses existing in other programs or disciplines at CCC?

No

Will this class use library resources?

No

Is there any other potential impact on another department?

No

Does this course belong on the Related Instruction list?

No

GRADING METHOD:

A-F or Pass/No Pass

Audit:Yes

When do you plan to offer this course?

✓ Fall

Is this course equivalent to another?

If yes, they must have the same description and outcomes.

No

Will this course appear in the college catalog?

Yes

Will this course appear in the schedule?

Yes

Student Learning Outcomes:

Upon successful completion of this course, students should be able to:

1. describe factors that contribute to the current epidemic of childhood obesity in young children,
2. identify the benefits of appropriate nutrition, music and movement to young children's development in various domains: cognitive, social, emotional, physical and creativity;
3. access and evaluate information and resources from nationally recognized organizations on early childhood nutrition, movement and music,
4. develop activity plans that incorporate developmentally appropriate nutrition education into the daily routines and curriculum, aligned with national standards,
5. develop activity plans that incorporate developmentally appropriate physical activity and movement education into daily routines and curriculum (fine and gross motor activities), aligned with national standards;
6. design, develop and incorporate multiple ways to incorporate music and music education into daily routines and curriculum, aligned with national standards.

This course does not include assessable General Education outcomes.

Major Topic Outline:

1. The childhood obesity epidemic.
2. Preventing and responding to childhood obesity: national standards and initiatives.
3. Standards and developmentally appropriate practice in movement and music.
4. Child outcomes, skills and levels in movement education.
5. Child outcomes, skills and development in music exploration and education.
6. Policy into practice: linking nutrition, music, movement in an integrated curriculum.
 - a. Designing child-focused environments.
 - b. Developing effective curriculum and activities.
 - c. Incorporating best practices and developmentally appropriate teaching strategies.
7. Individualizing to support every child.
 - a. Recognizing and supporting special needs.
 - b. Supporting each child's cultural identity and home language.
8. Developmentally appropriate assessment and program evaluation in movement and music education.

Does the content of this class relate to job skills in any of the following areas:

- | | |
|--------------------------------------|-----------|
| 1. Increased energy efficiency | No |
| 2. Produce renewable energy | No |
| 3. Prevent environmental degradation | No |
| 4. Clean up natural environment | No |
| 5. Supports green services | No |

Percent of course:0%

First term to be offered:

Next available term after approval

:
